

NOTES

Chapter 1: The Origin of Productivity: You Belong to God

1. Darren Hardy, *The Compound Effect: Jumpstart Your Income, Your Life, Your Success* (New York: Vanguard Press, 2010), 108.
2. Merriam-Webster, s.v. “hedonism (n.),” last updated May 27, 2022, <https://www.merriam-webster.com/dictionary/hedonism>.
3. Charles Spurgeon, “Redemption and Its Claims,” *The Metropolitan Tabernacle Pulpit*, Vol. 20, March 8, 1874, <https://www.spurgeon.org/resource-library/sermons/redemption-and-its-claims/#flipbook/>.
4. R. C. Sproul, *John: An Expository Commentary* (Sanford, FL: Reformation Trust, 2009), 286.

Chapter 2: Craft Your Morning Routine

1. Charles Duhigg, *The Power of Habit: Why We Do What We Do in Life and Business* (New York: Random House, 2014), 100.
2. “Christians throughout history have deemed it appropriate to give the firstfruits of the week to God in order to acknowledge his ownership of the whole, just as they do with income.” Mark Dever, *The Church: The Gospel Made Visible* (Nashville: B&H Publishing Group, 2012), 1732, Kindle.

3. “Adm. McRaven Urges Graduates to Find Courage to Change the World,” *UT News*, May 16, 2014, <https://news.utexas.edu/2014/05/16/mcraven-urges-graduates-to-find-courage-to-change-the-world/>.
4. Andrew A. Bonar, *The Biography of Robert Murray M’Cheyne* (Edinburgh: Banner of Truth Trust, 2012), 20.
5. Drake Baer, “9 Books Billionaire Warren Buffett Thinks Everyone Should Read,” *Business Insider*, September 2, 2014, <https://www.businessinsider.com/warren-buffett-favorite-business-books-2014-8>.

Chapter 3: The Purpose of Productivity: You Exist to Glorify God

1. David Allen, *Getting Things Done: The Art of Stress-Free Productivity* (New York: Penguin Books, 2015), 225.
2. Stephen R. Covey, *The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change* (New York: Simon & Schuster, 1989).
3. Stephen R. Covey, A. Roger Merrill, and Rebecca R. Merrill, *First Things First: To Live, to Love, to Learn, to Leave a Legacy* (New York: Free Press, 1994).
4. “I have found in speaking to various non-LDS groups in different cultures that we can teach and testify of many gospel principles if we are careful in selecting words which carry our meaning but come from their experience and frame of mind.” Stephen R. Covey, *The Divine Center* (Harrisonburg, VA: R. R. Donnelley and Sons, 1982), 240.
5. “The Westminster Shorter Catechism,” The Presbytery of the United States, accessed April 20, 2022, <https://www.westminsterconfession.org/resources/confessional-standards/the-westminster-shorter-catechism/>.

6. John MacArthur and Richard Mayhue, *Biblical Doctrine: A Systematic Summary of Bible Truth* (Wheaton, IL: Crossway, 2017), 226–28.
7. In the Old Testament, the phrase “The glory of Yahweh appeared” frequently appears alongside verbs signifying a visible sight (Ex. 16:7, 10; 24:16, 17; 40:34, 35; Lev. 9:6, 23; Num. 14:10; 16:19, 42; 20:6; Deut. 5:24). For example, when the glory of Yahweh was on Mount Sinai, the text says, “The appearance of the glory of the LORD was like a devouring fire on top of the mountain in the sight of the people of Israel” (Ex. 24:17).
8. Thomas Watson, *A Body of Divinity* (Edinburgh: Banner of Truth Trust, 1958), 6.
9. *Ibid.*, 7.
10. Abraham Kuyper, *Lectures on Calvinism* (Grand Rapids, MI: Eerdmans, 1931), 53.
11. Thomas Watson, *A Body of Divinity*, 6.

Chapter 4: Get Organized

1. Sönke Ahrens, *How to Take Smart Notes: One Simple Technique to Boost Writing, Learning and Thinking* (n.p.: Createspace Independent Publishing, 2017), 16–17, Kindle.
2. James Clear, *Atomic Habits: Tiny Changes, Remarkable Results* (New York: Avery, 2018), 82.
3. Anne-Laure Le Cunff, “Environmental Psychology: What to Put on Your Bedside Table,” *Ness Labs*, September 16, 2019, <https://nesslabs.com/bedside-table>.
4. Tim Challies, *Do More Better: A Practical Guide to Productivity* (Minneapolis: Cruciform Press, 2015), 49.

Chapter 5: The Content of Productivity: You Were Saved to Bear Fruit for God

1. Jon M. Huntsman, *Winners Never Cheat: Everyday Values We Learned As Children but May Have Forgotten* (Upper Saddle River, NJ: Pearson Education, 2005), 44.
2. See Os Guinness's *Carpe Diem Redeemed* (Downers Grove, IL: IVP Books, 2019) for an excellent exploration about how our view of time shapes the way we live.
3. John MacArthur and Richard Mayhue, *Biblical Doctrine: A Systematic Summary of Bible Truth* (Wheaton, IL: Crossway, 2017), 378–79. See Matt. 7:16–20; 12:33; Luke 6:43–44; Gal. 5:19–23.
4. Matt Perman, *What's Best Next: How the Gospel Transforms the Way You Get Things Done* (Grand Rapids, MI: Zondervan, 2014), 77.
5. *Ibid.*, 74.

Chapter 6: Track Your Commitments

1. J. Mathes, M. Schredl, and A. S. Göritz, “Frequency of Typical Dream Themes in Most Recent Dreams: An Online Study,” *Dreaming* 24, no. 1 (2014): 57–66, <https://doi.org/10.1037/a0035857>.
2. “What is GTD?,” Getting Things Done, accessed February 28, 2022, <https://gettingthingsdone.com/what-is-gtd/>.
3. Sönke Ahrens, *How to Take Smart Notes: One Simple Technique to Boost Writing, Learning and Thinking* (n.p.: Createspace Independent Publishing, 2017), 69, Kindle.
4. *Ibid.*, 70.

5. I must acknowledge the deep influence David Allen's Getting Things Done system has had on what I present here. If you are familiar with Allen's GTD methodology, much of this won't be new to you. But I have made some significant modifications to account for a biblical anthropology and what I've found to be most effective in practice.
6. For a list of my recommended task management systems, check out <https://www.redeemingproductivity.com/task-managers>.
7. Special thanks to Donnie Halbgewachs for helping come up with this acronym. My original acronym spelled TEASES (trusted, external, actionable, simple, engaging, singular). But that was too embarrassing to put in print.
8. David Allen, *Getting Things Done: The Art of Stress-Free Productivity* (New York: Penguin Books, 2015), 21.

Chapter 7: The Source of Productivity: You Are Uniquely Gifted by God

1. John MacArthur and Richard Mayhue, *Biblical Doctrine: A Systematic Summary of Bible Truth* (Wheaton, IL: Crossway, 2017), 379.

Chapter 8: Set Your Goals

1. Gary Keller and Jay Papasan, *The ONE Thing: The Surprisingly Simple Truth Behind Extraordinary Results* (La Vergne, TN: Bard Press, 2013), 154.
2. George T. Doran, "There's a S.M.A.R.T. Way to Write Management's Goals and Objectives," *Management Review* (November 1981).
3. Phyllis Haynes, "Russell Ackoff / Haynes Media Works," YouTube video, 9:48, January 11, 2010, <https://www.youtube.com/watch?v=MzS5V5-0VsA>.

4. Charles Duhigg, *The Power of Habit: Why We Do What We Do in Life and Business* (New York: Random House, 2012), 109.
5. For more on how the Bible talks about habit development check out Dr. Greg Gifford's *Heart & Habits: How We Change for Good* (Woodlands, TX: Kress Biblical Resources, 2021).

Chapter 9: The Motivation for Productivity: You Will Give an Account to God

1. J. Oswald Sanders, *Spiritual Leadership: Principles of Excellence for Every Believer* (Chicago: Moody Publishers, 2017), 13.
2. Randy Alcorn, *Money, Possessions, and Eternity* (Carol Stream, IL: Tyndale House Publishers, 2003), 123.
3. *Ibid.*, 129.
4. *Ibid.*, 123.
5. Jonathan Edwards, "The Resolutions of Jonathan Edwards," *Desiring God*, December 30, 2006, <https://www.desiringgod.org/articles/the-resolutions-of-jonathan-edwards>.
6. Alcorn, *Money, Possessions, and Eternity*, 123.

Chapter 10: Write Your Well Done

1. Charles Spurgeon, "The Time is Short," *Metropolitan Tabernacle Pulpit Volume 49*, December 10, 1903, <https://www.spurgeon.org/resource-library/sermons/the-time-is-short/#flipbook/>.
2. Michael Hyatt and Daniel Harkavy, *Living Forward: A Proven Plan to Stop Drifting and Get the Life You Want* (Grand Rapids, MI: Baker Books, 2016). Donald Miller also recommends writing your own eulogy in *Hero on a Mission: A Path to a Meaningful Life* (New York: HarperCollins Leadership, 2022).