



notes

chapter one

Epigraph: D. Martyn Lloyd-Jones, *Spiritual Depression: Its Causes and Cure* (Grand Rapids, MI: Eerdmans, 1965), 143.

1. This concept was introduced to me by our beloved marriage counselor, Pete Kuiper, from Crossroads Counseling Center in Buena Vista, Colorado. He first taught us this wonderful truth during our first intensive therapy course there. Many years later, we brought Pete to our hometown to train our ministry team and staff at some local churches. Many of my quotes from Pete in this book, including this one, are from the yellow notepad I filled during those later lectures. They are used with his permission. For more wisdom from Pete, I highly recommend his book, *At the Crossroads: Finding Your Way Home to Who You Really Are* (Friendswood, TX: Baxter Press, 2018).
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chapter three

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chapter four

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chapter nine

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chapter fourteen

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question #2

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question #5

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question #6

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