

This entire discussion highlights what the Judeo-Christian Scriptures have required of married couples for over six thousand years: leave your mother and father, and cleave to your spouse.<sup>1</sup> The two of you have to establish your own patterns. You are both free to create what you have always wanted. You don't have to do marriage the way your parents or your culture pressures you to. Make your marriage your own.

PARENTAL INFLUENCE IN OUR MARRIAGE				
As you fill out this review, remember the purpose is to share it with your spouse face-to-face. Only jot notes sufficient to remind you of what you want to share. Keep in mind that many marital interactions are a response to or a reaction against what one experienced in their family of origin. The issue is not, "Is this a good or bad practice?" but rather, "Are we both happy with it, or are we just behaving this way because our parents did/did not do it this way?"				
BEHAVIOR ROLES	Primary Responsibility		My Satisfaction	Spouse's Satisfaction
	Family of origin	Marriage	Rate: 1 2 3 4 5	Rate: 1 2 3 4 5
Cars			1 2 3 4 5	1 2 3 4 5
Housecleaning			1 2 3 4 5	1 2 3 4 5
Household chores			1 2 3 4 5	1 2 3 4 5
Cooking/menus/food purchases			1 2 3 4 5	1 2 3 4 5
Child care			1 2 3 4 5	1 2 3 4 5
Home maintenance			1 2 3 4 5	1 2 3 4 5
Yard maintenance			1 2 3 4 5	1 2 3 4 5
Remodeling/decorating			1 2 3 4 5	1 2 3 4 5
Bills/financial mgmt.			1 2 3 4 5	1 2 3 4 5

Taken from *Anatomy of an Affair* by Dave Carder (©2017). Published by Moody Publishers [www.MoodyPublishers.com](http://www.MoodyPublishers.com)

	Primary Responsibility		My Satisfaction	Spouse's Satisfaction
	Family of origin	Marriage	Rate: 1 2 3 4 5	Rate: 1 2 3 4 5
<b>SCHEDULES</b>				
Who gets up first			1 2 3 4 5	1 2 3 4 5
Who gets to stay up late			1 2 3 4 5	1 2 3 4 5
Who gets up first with children			1 2 3 4 5	1 2 3 4 5
Who makes sure home is secure			1 2 3 4 5	1 2 3 4 5
Who gets to sleep in			1 2 3 4 5	1 2 3 4 5
Who gets to enjoy their hobbies first			1 2 3 4 5	1 2 3 4 5
Whose friends matter most in family schedules			1 2 3 4 5	1 2 3 4 5
<b>VALUES</b>				
Who spends money			1 2 3 4 5	1 2 3 4 5
Who saves money			1 2 3 4 5	1 2 3 4 5
Who has most discretionary income			1 2 3 4 5	1 2 3 4 5
<b>WHO IS RESPONSIBLE FOR</b>				
Family spirituality			1 2 3 4 5	1 2 3 4 5
Couple closeness			1 2 3 4 5	1 2 3 4 5
Sex			1 2 3 4 5	1 2 3 4 5
Family activities			1 2 3 4 5	1 2 3 4 5
Family scheduling/shuttling of children			1 2 3 4 5	1 2 3 4 5
Relationships/atmosphere			1 2 3 4 5	1 2 3 4 5
Children's homework			1 2 3 4 5	1 2 3 4 5

1. Items where I follow my family-of-origin practices:

2. Items where I do the opposite of my family of origin:

3. Items I wish we would practice now like my family of origin:

4. My impressions after looking over my responses:

5. My impressions after sharing with my spouse: